



fred's breakfast

NEW HOPE, PA'S "MEMBERS ONLY" BREAKFAST CLUB

TUESDAYS ARE DOUGHNUT DAY !

Eggs

| | |
|---|---------------|
| FRED'S FAVORITE | 6.95 |
| 2 eggs any style with choice of meat, home fries and toast | |
| 2 Eggs Any Style with home fries and toast..... | 4.95 |
| 2 Eggs with Corned Beef Hash | 5.95 |
| Eggs Benedict | 7.95 |
| Eggs with Smoked Salmon Benedict | 10.95 |
| Three Egg Omelets | 5.95 + |
| Served with home fries, and your choice of toast | |
| +Combine any of the ingredients listed below for an additional | |
| .50¢ ea. for cheese, veggies (onions, scallions, bell peppers, mushrooms, tomato, jalapeno, cheddar, pepper-jack, american, swiss, feta or cream cheese | |
| 1.00 ea. for meat: ham, bacon, sausage | |
| Smoked Salmon Omelet w/cream cheese | 10.95 |
| Garden Omelet | 6.95 |
| made with our fresh veggies. | |

*Egg Whites or Egg Substitute.....add .75

Breakfast Sandwiches

Made With Two(2) Eggs On Your Choice Of Toast, Kaiser, Bagel Or English Muffin. Served with home fries.

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| Egg and Cheese Sandwich | 5.50 |
| Egg and Meat Sandwich | 6.95 |
| Egg, Meat and Cheese Sandwich | 6.95 |
| Pork Roll and Cheese (Pork Roll requested its own line)... | 6.95 |

Breads & Sides

| | |
|---|----------------------------------|
| Whole Wheat, Rye, Multi-Grain & Homemade Sourdough Toast | 1.50 |
| Homemade Cinnamon Raisin Walnut Toast | 2.00 |
| Homemade English Muffin | 1.50 |
| Homemade Bagel | 1.75 w/ Cream Cheese 2.75 |
| "Hey...no problem with..." | |
| One Egg | .95 |
| One Pancake ...2.00 w/blueberries...2.50 | |
| w/choco chips2.50 | |
| One French Toast | 2.00 |
| One Cinnamon Raisin French Toast | 2.50 |
| Grilled Veggies | 3.00 |
| Bacon (6) | 2.95 |
| Pork Roll (2) | 2.95 |
| Sausage Links (2) or Homemade Patties (3) | 2.95 |
| Scrapple | 2.95 |
| Ham | 2.95 |
| Smoked Salmon (2-1 oz. pieces) | 6.00 |
| Home Fries | 2.50 |
| Corned Beef Hash | 3.25 |
| Grits | 1.50 |
| Fresh Fruit Bowl | 3.95 |

WEDNESDAYS ARE BREAKFAST BURRITO DAY !

From the Griddle

| | | |
|--|-------------------|-------------------------------|
| Buttermilk Pancakes | Short 3.95 | Full Stack 4.95 |
| Blueberry Pancake | Short 4.95 | Full Stack 5.95 |
| Chocolate Chip Pancakes | Short 4.95 | Full Stack 5.95 |
| French Toast | Short 3.95 | Full Stack 4.95 |
| Cinnamon-Raisin-Walnut French Toast ... | Short 4.95 | Full Stack 5.95 |
| Belgian Waffle | 4.25 | |
| add fresh fruit w/wo whipped cream..... | 5.75 | |
| Silver Dollar Pancakes | 2.50 | |
| w/blueberries | 3.00 | w/choco chips3.00 |

Hefty "Harty" Plates

| | |
|---|-------------|
| Southern Style Sausage Gravy And Biscuits | 6.95 |
| Served with Home Fries | |
| Creamed Chipped Beef Over Toast, Home Fries | 6.95 |
| The Fat Boy | 7.95 |
| 3 Eggs, meat and your choice of french toast or pancakes | |
| The 911 | 8.50 |
| Pork roll, sausage and bacon, 2 eggs and cheese on a kaiser (It won't fit on anything else) | |



If your cardiologist asks if you're a member of Fred's Breakfast, just tell him..."I never heard of the place".

Other Yummy Delights

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|--|----------------------------------|
| Bagel, Cream Cheese & Smoked Salmon Plate | 10.95 |
| Hot Oatmeal | 2.95 |
| Add Raisins, Craisins, Bananas, Pecans or Walnuts.... 1.00 | |
| Homemade Granola | 4.50 |
| Granola with Low Fat Vanilla Yogurt | 3.95 |
| Fruit Parfait | 4.95 |
| Assorted Cold Cereal | 2.00 |
| Fresh Fruit Smoothie | 8oz. 3.0014oz. 4.95 |
| Nonfat Vanilla Yogurt and Fresh Strawberry and Banana | |

Beverages

| | | | |
|---|-----------------|------------------|--|
| "Get it yourself" Coffee is FREE | | | |
| Coffee to Go?? Free in your own travel mug or...better yet, buy our Fred's Member Travel Mug 10.00+tx | | | |
| Fresh Squeezed OJ | 8oz 3.25 | 14oz 4.50 | |
| Fresh Squeezed Lemonade | 8oz 1.75 | 14oz 2.50 | |
| Juices | 8oz 1.25 | 14oz 2.00 | |
| Orange, Tomato, Ruby Red Grapefruit, Apple, Cranberry | | | |
| Milk | 8oz 1.50 | 14oz 2.50 | |
| Chocolate Milk | 8oz 1.75 | 14oz 2.75 | |
| Hot Chocolate | 1.75 | | |
| Fresh Brewed Iced Tea | 1.50 | Soda 1.50 | |

The atmosphere is simple, the friends abundant and the coffee is always free,
but you have to get it yourself.

If you would like separate checks, please tell your server before ordering.

CONSUMING RAW OR UNDERCOOKED FOOD INCREASES YOUR RISK OF FOOD BOURNE ILLNESS.